

MENTORING SESSION #22

Name of Protégé _____
Name of Mentor _____
Date of Session _____

“We find comfort among those who agree with us – growth among those who don’t.”

Frank A. Clark

PROFESSIONAL:

Core area of focus: Diversity

Subject: Conflict Resolution

Bring to the session: - “Causes of Conflict” article

- A personal experience of conflict that occurred at a different location

- 1) Discuss whether conflict is normal or not?
- 2) Describe individual emotions/feelings when conflict occurs? Share personal styles of handling conflict.
- 3) Discuss ways in which conflict can enhance working relationships or productivity?
- 4) Review and discuss the “Causes Of Conflict” article. Consider the following questions:
 - a. Use the written description of a past conflict and the “Causes of Conflict” article to analyze the primary cause of the described conflict?
 - b. What intervention strategies were used? Were they effective?
 - c. What other strategies could have been used to improve the situation?
 - d. What new insights have you gained about the causes of conflict?
- 5) Review and discuss the written description of a past conflict. Consider the following questions:
 - a. Did the outcome of this conflict honor God?
 - b. What criteria did you use to decide whether the result honored God?
- 6) Discuss appropriate Air Force and local community resources available for assistance in conflict management.
- 7) Review accepted methods of handling conflict in the Air Force.

PERSONAL:

- 1) How have I successfully managed conflict in the past?
- 2) Do I have behaviors that resolve or contribute to conflict?

NEXT SESSION DATE and TIME: